



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Lisa Janicki, Chair
Ron Wesen, Commissioner
Kenneth Dahlstedt, Commissioner

PHT Mtg #48– Skagit Transit Community Room
Thursday 06/06/19 - 8:30 am to 10:30 am

Members: Anneliese Vance-Sherman, Barbara Juarez, Bill Henkel, Carol Hawk, Cheryl Rasar, Chad Clark, Claudia Marken, Connie Davis, Debra Lancaster, Howard Leibrand, Jennifer Sass-Walton, John Sternlicht, Jennifer Johnson, Ken Lawson, Kevin Murphy, Maureen Pettitt, Margaret Rojas, Mary Ellen Lykins, Mary McGoffin, Michael Sharp, Phil Brockman, Polly Dubbel, Randy Elde, and Thomas Boucher

Staff: Kristen Ekstran and Mimi Chimera

Absent: Chris Johnston, Diane Smith, Rocio Castillo-Foell, Sonia Garza

Introductions, Agenda Review, Approve April Notes

- April minutes approved

Steering Report

- BOH relationship: improving advisory capacity.
 - Steering Committee has asked how to better advise the Board of Health. Is there another method of communication and advisement?
 - Jennifer Johnson and Kristen are researching what other counties are doing. Our goal is to have a change within the next year and have more of a presence with the BOH.
- Approved letter of support to Swinomish Indian Nation.
- Liz McNett Crowell resigned from the PHT.

Changes in PHT Staffing - Jennifer Johnson discussed the future of David's position and stressed the County's continued commitment to working with the Trust.

May Event Debrief: "Powerful Partnerships: Healthy Community"

- Members were asked to break into small groups to discuss the question – **How did this event help us meet community education and outreach goals?**
 - Yes, it did meet goals. Many elected officials or representatives from for-profit businesses were present who usually don't pay attend health-centered events. The personal invitation strategy worked.
 - Bringing lived experience into the event was successful: The man who spoke about his substance use disorder effected participants on a personal level. Many were also impressed with the impact of the personal stories regarding housing and health.
- It was decided that the May event was effective and to make it an annual event.

- Comments are still coming in from people in the community, they were really impressed and inspired.
- The synergy of The Change Maker Award creates a nice element but also brings in new people every year, and ensures the newspaper will cover the event.
- The Trust discussed timing. There was a suggestion to move event to January or February in order to give a complete report of the year's events and goals for next year. The Legislature is in session at that time. In May legislators could be present to talk about what they are doing. Many thought that spring worked better.
 - Kristen will finalize timing at the June Steering Committee.
- Planning for the event should start by September/October. We were lucky to get such effective speakers and the completed video but should not expect that every year at the last minute.
- The event involved over 90 hours of planning and cost around \$2000.00.

Housing video Brainstorm

- The video that was shown at the Powerful Partnerships event will be put out into the community. Currently it only hints at the issue of housing having an effect on the health of individuals. Connie and Sonja will be added to the video discussing why affordable housing is important for health.
- Members broke into brainstorm groups for 15 minutes.
 - What is the best way to utilize the housing video?
 - Which audience should we target?
 - Do you think the content had the anti-stigma message we were looking for?
 - Committee decided that it had, it put a face to the issue.
 - It was suggested that those in the housing community who are making a positive effort, should be celebrated.
 - The questions that is going to be asked by audience members will be "What can we do?"

INITIATIVE UPDATES

- OWLT: Written Off event at Lincoln was a success, the June meeting will include a Mass overdose planning exercise, an Opioid Resource Guide will be complete soon, and Enid Castro Vega will be starting in PH (outreach & ed.)
- First 1,000 Days: Welcome Baby signed 1st part of its agreement at Skagit Regional Health. There will be a soft start in June. They are looking for volunteers to conduct home visits as family mentors with children up to six months old.

Meeting Summary and Closing Remarks

There is no meeting in July due to the 4th of July holiday.

August meeting will discuss equity, BOH relationship and strategy mapping